



## Wolf River Territory Presents

### 16<sup>th</sup> Annual Wolfman Triathlon

Saturday, September 11, 2010

8:30am Langlade, WI

Creating a healthier lifestyle by sharing the resources around us while giving back to our community.

#### Race Categories for 2010

- 300 Starts (tandem & relay teams are considered one start).

-Solo racer: Kayak, mtn. bike and run

-Tandem team: Tandem competitors race as a team. Tandem teams must paddle in the same boat. The biking and running events are timed individually and combined into one score. The fastest combined time wins. If one member fails to finish, team is disqualified.

- Relay Team: can be men, women or mixed teams of 3 persons. Each participant must individually complete one leg of the race. If possible, please send Team entries together (tandem or relay). **NOTE:** Separate Registration and Signature Required for each team member.

**NO REFUNDS OR TRANSFERS FOR ANY REASON, INCLUDING RACE CANCELLATION. NO ELECTRONIC LISTENING DEVICES.**

**Entry Fee:** \$55 solo racer, \$100 per tandem team, \$130 per relay team. Registration forms **post marked February 1<sup>st</sup>** or after will be accepted until 300 starts are met. Early registration will be sent back.

**Confirmation of entries:** Will be posted on website once race is filled.

#### Event Segments

**3-mile whitewater paddle ~ 13-mile off-road mountain bike ride ~ 3.5 mile rugged trail run**

##### Down River Segment

Section II of the Wolf River, beginning at Irrigation Ditch and ending at Langlade, has 3 sets of ¼ mile rocky class II rapids mixed with quiet water. Whitewater kayaks, canoes, and inflatable (rafts or kayaks) are acceptable. Touring kayaks are allowed, but the river can be rocky and shallow. **NO ALUMINUM CANOES!!** Kayaks and canoes **MUST** be outfitted with properly secured flotation to displace at least 30 % of volume of the craft. **EACH COMPETITOR MUST WEAR AN ICF OR COAST GUARD-APPROVED TYPE III PERSONAL FLOATION DEVICE AND HELMET.**

##### Mountain Bike Segment

Combination of the South Branch Bike loop of the Chequamegon Nicolet National Forest and Bear Paw trail systems. The trails include old logging grades and single track with a short section of Highway riding at the beginning of the segment. At the end of the segment, participants will enjoy the three river crossings to the west side of the Wolf River. **HELMETS ARE MANDATORY.**

##### Off-Road Run

River right band of the Section III of the Wolf River between "Herb's Landing" and the County Hwy M.

##### Awards

Join us after the event for food, awards, & Door Prizes at The Bear Paw Outdoor Adventure Resort @ 2pm. Hwy 55, 3-miles South of Hwy 64.

##### Check-in and Pre-registration: Race packets given out Friday night no late pick up allowed!

Wolf River Town Hall, Friday, September 10<sup>th</sup>, 2010 4:30-8:30pm. Located on Hwy 55 just south of Hwy 64. Racers need to be present to pick up race packet. PHOTO ID REQUIRED. **Racers will only be allowed to pick up their own race packets. NO EXCEPTIONS!!**

Please Print!!!  
**Incomplete forms will be returned!**

Send this completed form with check payable  
to Wolf River Territory :  
Wolf River Territory  
PO Box 265  
White Lake, WI 54491



**READ CAREFULLY BEFORE SIGNING**

In consideration of the acceptance of my application for the entry in the Wolfman Triathlon, I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, which may hereafter accrue to me, as a result of my participation in said event. This release is intended to discharge in advance the promoters, the sponsors, the Wolf River Territory Association, the Volunteers, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the person(s) or entities mentioned above.

I further understand that serious accidents occasionally occur during off road events; and that as a consequence thereof. Knowing the risks of off road events, nevertheless I hereby agree to assume those risks, and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Guardian if under 18yrs old \_\_\_\_\_

Race Day Volunteer-contact  
raceinfo@wolfriverterritory.com

RACER T-SHIRT SIZE (CHECK ONE)  
S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_\_\_

# Participant Information

Name of Racer \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Emergency Contact with Phone Number \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_

**Age Division** (Check one if doing race solo)

Tandems and Relay Teams see below

\_\_\_ 15-19      \_\_\_ 50-59  
\_\_\_ 20-29      \_\_\_ 60-69  
\_\_\_ 30-29      \_\_\_ 70-79  
\_\_\_ 40-49      \_\_\_ 80+

**Tandem Division**

\_\_\_ Female  
\_\_\_ Male  
\_\_\_ Mixed

Tandem Partner's Name \_\_\_\_\_

**Relay Team**

\_\_\_ Female  
\_\_\_ Male  
\_\_\_ Mixed

**Paddler's Name** \_\_\_\_\_

**Biker's Name** \_\_\_\_\_

**Runner's Name** \_\_\_\_\_

**No Tandem Boats  
in Relay Divisions**

How many Wolfman Triathlon's have you participated in?  
\_\_\_\_\_