

Rules and Regulations/Check-In

Racer Registration

Check-in for racers will be at the Wolf River Town Hall, from 5 PM to 9PM Friday September 11th. Located on Hwy 55 just south of HWY 64 (east side of road). **Photo ID is required. Racer needs to be present no picking up other racers packet.**

Cut-off time

As a courtesy to the many volunteers, racers failing to make the Bike/Run exchange by 2:00 PM will be **disqualified**.

Tandem Teams

Tandem paddling teams are timed as a team event with the biking and running segments timed individually and combined into one score. The team with the quickest combined time will be the winner. If one tandem team member drops out, the other will be disqualified.

Relay Teams

Each participant must individually complete one leg of the race. 1 Scrunchie will be provided in the kayakers race packet. Racer will need to hand off scrunchie to next team member at each exchange. Runner will need to have scrunchie on wrist at the end of the race.

Staging Areas

Racers may drop off equipment as early as 7 AM. All equipment must be clearly marked with the racer's bib number, volunteers will be on hand to help.

Starting Times

Start times will be given to people when they check-in on Friday night. The race will have starts at 30-second intervals. If you miss your start time you will be **disqualified**.

Spectator Areas

Spectators may view the paddling segment of the course from the Taylor Road landing, upstream from Langlade and the HWY 64 bridge area. Bike segment can be viewed at the Bear Paw and the path upstream from Herb's landing to the river crossing. Run segment is best viewed along Hansen's Rapid and the finish area at the CTY HWY M parking area. **No viewing allowed on the Hwy 64 Bridge by the DNR landing.** Spectators please approach the course with caution, be prepared to yield to racers and race volunteers.

Medics

Troutland Rescue will be available at the finish line. Please seek their assistance at any time. They are here to help with any type of injury, big or small.

Complying with Civil Rights Requirements United States Department of Agriculture

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